

## ABDOMINAL PAIN

Abdominal pain can be severe and very scary to both a child and a parent.

- It usually comes in waves and does not last very long.
- It is often relieved by vomiting or passing a diarrheal stool or gas.
- It is associated with constipation and other illnesses.
- If the pain lasts more than 2 hours, especially without passing a diarrheal stool, you should call us.
- If the pain starts around the belly button and then moves to the lower right side of the abdomen you need to call us for a SAME-DAY appointment. (Such pain could indicate appendicitis.)
- Most medication does not help abdominal pain.
- You can try a warm bath, which may help to comfort the child.